

# Calendar of Events-NHC Senior Resource Center Ohana Café

## 2222 S College Road, Wilmington

### January, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 10:00 Fitness for All With Jackie -Multipurpose Rm.-  10:30 Spiritual Seniors	<b>4</b>  10:15 Game Day: BINGO	<b>5</b>  10:00 Senior Strength with Gayla	<b>6</b>  10:15 Game Day: BINGO	<b>7</b>
<b>10</b> 10:00 Fitness for All With Jackie -Multipurpose Rm.-  10:30 Spiritual Seniors	<b>11</b>  10:15 Game Day: BINGO	<b>12</b>  10:00 Senior Strength with Gayla	<b>13</b>  0:15 Game Day: BINGO	<b>14</b>  10:00 Comedy Hour Open Mic
<b>17</b>  CLOSED  Martin Luther King JR Day	<b>18</b>  10:15 Game Day: BINGO	<b>19</b>  10:00 Senior Strength with Gayla	<b>20</b>  10:15 Game Day: BINGO	<b>21</b>
<b>24</b> 10:00 Fitness for All With Jackie -Multipurpose Rm.-  10:30 Spiritual Seniors	<b>25</b>  10:15 Game Day: BINGO	<b>26</b>  10:00 Coffee Talk: Hospice 101	<b>28</b>  10:15 Game Day: BINGO	<b>29</b>
<b>31</b> 10:00 Fitness for All With Jackie -Multipurpose Rm.-  10:30 Spiritual Seniors				

**Ohana Café Dining times:**

**11:00-11:45**

**12:00-12:45**