

## MENU – JANUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Meatball Stroganoff Diced Beets Soft Roll Pears	5 Sliced Ham Yams Steamed Broccoli Corn Bread Applesauce	6 Hamburger Steak in Brown Gravy Mashed Potatoes Turnip Greens Soft Roll Peaches	7 Hawaiian Chicken BBQ Yellow Rice Brown Sugar Carrots Hawaiian Roll Pineapple Tidbits	8 Stuffed Pepper Casserole Green Beans Soft Roll Pears
11 Pork Chop with Mushroom Gravy Rice Green Beans Soft Roll Fruit Cocktail	12 Baked Spaghetti Vegetable Blend Soft Roll Sliced Pears	13 Chicken and Dumplings Lima Beans Soft Roll Peaches	14 Cuban Picadillo Beef Black Beans Brown Rice Soft Roll Brown Sugar Apples	15 Cajun Grilled Chicken Pasta Broccoli Soft Roll Pineapple Tidbits
18 <b>Closed for Martin Luther King, Jr Day</b>	19 Roasted Turkey in Gravy Stuffing Carrots Soft Roll Brown Sugar Apples	20 Shredded Roast Beef in Gravy Steamed Rice Green Peas Soft Roll Tropical Fruit Cut	21 Scampi Grilled Chicken Breast Sour Cream Chive Mashed Potatoes Broccoli Soft Roll Pineapple Tidbits	22 Beer Battered Cod Cilantro Lime Rice Scandinavian Blend Vegetables Soft Roll Peaches
25 Italian Sausage with Peppers and Onions Brown Rice Green Beans Roll Sliced Peaches	26 Lemon Pesto Chicken Breast Peas and Carrots Penne Pasta Soft Roll Pineapple Tidbits	27 BBQ Pulled Pork Lima Beans Yams Soft Roll Fruit Cocktail	28 Meatloaf with Brown Gravy Mashed Potatoes Steamed Cabbage Soft Roll Pears	29 Fried Chicken Macaroni and Cheese Collard Greens Soft Roll Peaches
Feb 1 Chicken Meatball Stroganoff Diced Beets Soft Roll Pears	Feb 2 Sliced Ham Yams Steamed Broccoli Corn Bread Applesauce	Feb 3 Hamburger Steak in Brown Gravy Mashed Potatoes Turnip Greens Soft Roll Peaches	Feb 4 Hawaiian Chicken BBQ Yellow Rice Brown Sugar Carrots Hawaiian Roll Pineapple Tidbits	<b>Contributions are Welcome! They allows us to serve more seniors in need</b>