


MENU – NOVEMBER 2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| 2 Italian Sausage with Peppers and Onions Brown Rice Green Beans Soft Roll Peaches | 3 Lemon Pesto Chicken Breast Peas and Carrots Penne Pasta Soft Roll Pineapple Tidbits | 4 BBQ Pulled Pork Yams Lima Beans Soft Roll Fruit Cocktail | 5 Meatloaf with Brown Gravy Mashed Potatoes Cooked Cabbage Soft Roll Pears | 6 Fried Chicken Macaroni and Cheese Collard Greens Soft Roll Peaches |
| 9 Chicken Meatball Stroganoff Over Egg Noodles Beets Soft Roll Pears | 10 Sliced Ham Yams Steamed Broccoli Soft Roll Brown Sugar Apples | 11 Closed for Veterans' Day  | 12 Hawaiian Chicken BBQ Yellow Rice Brown Sugar Carrots Soft Roll Pineapple Tidbits | 13 Stuffed Pepper Casserole Green Beans Soft Roll Pears |
| 16 Pork Chop with Mushroom Gravy over Rice Green Beans Soft Roll Fruit Cocktail | 17 Baked Spaghetti Vegetable Blend Soft Roll Sliced Pears | 18 Chicken and Dumplings Lima Beans Soft Roll Peaches | 19 Cuban Picadillo Beef Black Beans Brown Rice Soft Roll Brown Sugar Apples | 20 Cajun Chicken Pasta Steamed Broccoli Soft Roll Pineapple Tidbits |
| 23 Beer Battered Cod on Bun Cajun Pinto Beans Broccoli Strawberry Applesauce | 24 Roasted Turkey in Gravy Stuffing Carrots Soft Roll Brown Sugar Apples | 25 Shredded Roast Beef in Gravy Rice Green Peas Soft Roll Tropical Fruit Cup | 26 Happy Thanksgiving  | 27 SRC Closed |
| 30 Italian Sausage with Peppers and Onions Brown Rice Green Beans Soft Roll Peaches | | GREETINGS FROM THE SENIOR RESOURCE CENTER | | CONTRIBUTIONS ARE ALWAYS WELCOME |