

## MENU – SEPTEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>GREETINGS FROM THE SENIOR RESOURCE CENTER</b></p>	1 Roasted Turkey in Gravy Stuffing Steamed Carrots Soft Roll Brown Sugar Apples	2 Beef Tips in Gravy over Rice Green Peas Soft Roll Tropical Fruit	3 Scampi Grilled Chicken Breast Sour Cream Chive Mashed Potatoes Steamed Broccoli Soft Roll Pineapple Tidbits	4 BBQ Meatballs Macaroni and Cheese California Vegetable Mix Soft Roll Peaches
<p>7 <b>LABOR DAY</b>  SRC CLOSED NO MEAL SERVICE</p>	8 Lemon Pesto Chicken Breast Peas and Carrots Penne Pasta Soft Roll Pineapple Tidbits	9 BBQ Pulled Pork Yams Lima Beans Soft Roll Fruit Cocktail	10 Fried Chicken Macaroni and Cheese Collard Greens Soft Roll Peaches	11 Meatloaf with Brown Gravy Mashed Potatoes Cooked Cabbage Soft Roll Pears
14 Chicken Meatball Stroganoff Over Egg Noodles Green Beans Soft Roll Pears	15 Sliced Ham Yams Steamed Broccoli Soft Roll Brown Sugar Apples	16 Hamburger Steak in Brown Gravy Mashed Potatoes Turnip Greens Soft Roll Peaches	17 Hawaiian Chicken BBQ Yellow Rice Brown Sugar Carrots Soft Roll Pineapple Tidbits	18 Tuscan White Bean and Chicken Stew over Rice Green Beans Soft Roll Tropical Fruit Cup
21 Beer Battered Cod On Bun Cajun Pinto Beans Broccoli Strawberry Applesauce	22 Baked Spaghetti Vegetable Blend Soft Roll Sliced Pears	23 Diced Turkey and Ham Potato Casserole Steamed Carrots Soft Roll Peaches	24 Cuban Picadillo Beef Black Beans Brown Rice Soft Roll Brown Sugar Apples	25 Chicken Teriyaki Lo Mein over Noodles Steamed Broccoli Soft Roll Pineapple Tidbits
28 Chicken and Rice Florentine Casserole Green Beans Soft Roll Pears	29 Roasted Turkey in Gravy Stuffing Steamed Carrots Soft Roll Brown Sugar Apples	30 Beef Tips in Gravy over Rice Green Peas Soft Roll Tropical Fruit	<p><b>CONTRIBUTIONS ARE ALWAYS WELCOME</b></p>	