

# MENU – AUGUST 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken and Rice Florentine Casserole Green Beans Soft Roll Pears	4 Roasted Turkey in Gravy Stuffing Steamed Carrots Soft Roll Brown Sugar Apples	5 Beef Tips in Gravy over Rice Green Peas Soft Roll Tropical Fruit	6 Scampi Grilled Chicken Breast Sour Cream Chive Mashed Potatoes Steamed Broccoli Soft Roll Pineapple Tidbits	7 BBQ Meatballs Macaroni and Cheese California Vegetable Mix Soft Roll Peaches
10 Kielbasa Sausage with Peppers and Onions Brown Rice Green Beans Roll Sliced Peaches	11 Lemon Pesto Chicken Breast Peas and Carrots Penne Pasta Soft Roll Pineapple Tidbits	12 BBQ Pulled Pork Yams Lima Beans Soft Roll Fruit Cocktail	13 Fried Chicken Macaroni and Cheese Collard Greens Soft Roll Peaches	14 Meatloaf with Brown Gravy Mashed Potatoes Cooked Cabbage Soft Roll Pears
17 Chicken Meatball Stroganoff Over Egg Noodles Green Beans Soft Roll Pears	18 Sliced Ham Yams Steamed Broccoli Soft Roll Brown Sugar Apples	19 Hamburger Steak in Brown Gravy Mashed Potatoes Turnip Greens Soft Roll Peaches	20 Hawaiian Chicken BBQ Yellow Rice Brown Sugar Carrots Soft Roll Pineapple Tidbits	21 Tuscan White Bean and Chicken Stew over Rice Green Beans Soft Roll Tropical Fruit Cup
24 Beer Battered Cod On Bun Cajun Pinto Beans Broccoli Strawberry Applesauce	25 Baked Spaghetti Vegetable Blend Soft Roll Sliced Pears	26 Diced Turkey and Ham Potato Casserole Steamed Carrots Soft Roll Peaches	27 Cuban Picadillo Beef Black Beans Brown Rice Soft Roll Brown Sugar Apples	28 Chicken Teriyaki Lo Mein over Noodles Steamed Broccoli Soft Roll Pineapple Tidbits
31 Chicken and Rice Florentine Casserole Green Beans Soft Roll Pears	<p style="color: #4a86e8; font-size: 1.2em;">Greetings from the New Hanover County Senior Resource Center</p>		<p style="color: #4a86e8; font-size: 1.2em; margin: 0;">CONTRIBUTIONS ARE ALWAYS WELCOME</p>	